

SCANG conducts Active Shooter exercise

The South Carolina Air National Guard staged an Active Shooter exercise during the first hours of December drill.

The exercise involved a civilian gunman who entered the 169th Communications Flight building and opened fire on airmen working in the building. A Security Forces quick reaction force responded to the incident, killed the gunman and secured the building. Once the building was secured, medical responders were contacted and arrived to treat the casualties.

“The more we practice these exercises and scenarios, the better we’re going to be if – God forbid – this situation does ever occur at McEntire,” said MSgt. Dominic Perlich, who led the fire team that responded to the crisis situation. “When we’re training for events like this, we can slow down and take our time. But when we have an actual situation, as the exercise showed us today, the events rapidly unfold – things happen twice as fast as you train for. The training absolutely prepares you to deal with whatever unfolds.”

The base Emergency Operations Center was also activated and went through a series of table-top responses required to establish command and control, demonstrate thorough monitoring of the

See Shooter, page 9



(Photo by SSgt. Jorge Intriago, 169th FW/PA)

MSgt. Dominic Perlich subdues a simulated armed assailant as MSgt. Ralph Guyton provides watch.

Swamp Foxes honored during awards ceremony

The SCANG paused during the December UTA to recognize nearly two dozen of its own, both past and present, during an awards ceremony held Dec. 4 in the hangar.

Before recognizing the recent retirees, the two new Command Chiefs were introduced. CMSgt. Larry Crowson was introduced as the 11th State Command Chief along with

CMSgt. Robert Davis, who was recently named as the new 169th Fighter Wing Command Chief.

Chief Crowson’s family was called to the stage to tack on his new stripes with the Command Chief star. Chief Davis’ wife also helped Brig. Gen. Scott Williams, commander of the 169th Fighter Wing, tack on his new chevrons.

While Chief Crowson is moving into his new role, CMSgt. Mark Morrell will retire on January 1, 2012 as State Command Chief. Morrell was honored during the ceremony.

“He has dedicated his life to the men and women of the South Carolina Air National Guard,” Brig. Gen. Grady Patterson III, Assistant Adjutant General for Air, said of Chief Morrell. “The seeds the Chief planted will bear fruit for all of us for years to come.”

During the ceremony, eight retirees and their families were honored for their service.



(Photo by TSgt. Caycee Cook, 169th FW/PA)

Brig. Gen. Grady Patterson III, Assistant Adjutant General for Air, speaks during December’s awards and retirement ceremony in the hangar.

See Ceremony, page 7

Commander's Corner



Col. Michael Hudson 169th FW/Vice Commander

January is a month of reflection and anticipation. This time last year, we were looking forward to the Unit Compliance Inspection in February and the Hospital Services Inspection in March. This year we face the largest round of AEF rotations we've ever seen. The aviation package will deploy with an increased AEF footprint that, believe it or not, will exceed our most recent (historic) deployment. Thanks to our improved manning, our Active Association and remarkable volunteer rate, we'll confidently perform three missions at once (the AEFs, the alert mission and a flying schedule at home to help feed the fight). During our overlapping deployments for the aviation package, Civil Engineers, Fire Department and Security Forces, all eyes will be on McEntire! We welcome the opportunity to demonstrate our extraordinary capabilities at a time when every taxpayer dollar is being carefully scrutinized.

Our resiliency will be tested. For this rea-



son, we strongly encourage you to take advantage of the Yellow Ribbon activities built into the AEF schedule. Watch for announcements about these important opportunities to prepare your family for deployment, to help your family through your time apart and to help re-adjust upon your return. For more info, contact Melissa Mitrik at 647-3214 or melissa.mitrik.ctr@ang.af.mil.

Meanwhile, our Airman & Family Readiness Program is working tirelessly to inform and involve your families, to promote self-reliance and resiliency in our members, their families, and other volunteers. Education fairs, financial workshops and the Key Volunteer Group are just a few of the venues used to accomplish this important mission.

Our Chaplains join Family Programs in sponsoring Strong Bonds, which provides couples with paid weekend getaways where they learn to strengthen their relationships.

Jeff Rose, our wing director of psycho-

logical health, obviously is trained to help with psychological health issues, but he is actually multi-talented and can lend an ear for any issues you might have and guide you to additional assistance.

J1.1, a new directorate of Joint Force Headquarters, consolidates resilience, Yellow Ribbon, Family Readiness and other similar functions. It's latest initiative negotiates directly with companies throughout the state to find quality jobs for quality Guardsmen. This effort helps companies like Boeing, Nucor and SCANA recognize the National Guard as a great source of trained, disciplined and skilled employees. For more details, see Mr. Rose or Wing Human Resources Advisor SMSgt. Kevin Thomas.

Our JAG office will help make sure your personal affairs are in order (up-to-date wills and powers of attorney) and can offer direction on other legal matters. And our outstanding Finance team will brief you on pay and allowances. Pay close attention to their guidance and plan early to ensure a smooth transition to deployment pay.

The Force Support Squadron helps with SGLI, DEERS and ID cards for family members. These systems are vital when it comes to applying for TRICARE benefits. Once your orders are cut, the information flows through Mil-PDS to DEERS, then you can apply. You must enter family members in DEERS before doing so. A TRICARE rep will be here Jan. 7 to process applications (or you can go to any active duty facility or apply online).

And don't forget the Employer Support of the Guard and Reserve. This program helps service members maintain and recognize positive relationships with their employers.

These and other programs are designed to make service in the Guard and our deployments positive experiences. If you're like me, you want to deploy with your unit and do what you've been trained to do. It's hard to do that if you're worried about family matters.

For the first time in my career, I'm not deploying with my unit, but I look forward to supporting those who are and those continuing our missions at home. Accomplishing all three missions at once is something no other fighter unit has ever done. When ACC and NGB asked us to step up, they did so with confidence that we're the only unit that can do so. I share their confidence and then some. Thank you for your service and enthusiasm. This is going to be another great year to be a Swamp Fox.

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Official Mission Statement of the 169th Fighter Wing: To provide a trained and equipped citizen fighting force that exceeds the capability of any Guard, Reserve, or active-duty Air Force unit in the protection and defense of state and nation; to maintain the capability for worldwide deployment of combat-ready assets to meet contingency and general war requirements; to employ conventional munitions in close-air-support, interdiction, offensive counter-air, defensive counter attack, suppression of enemy air defenses and special capability AGM-65 Maverick missiles; to provide world-class units that are recognized as being the best of the best when directed by the governor to preserve and protect the life, property, peace and public safety of the citizens of South Carolina.

Submission of SCANG News material: Articles and photography are welcome and should be submitted prior to the deadline (see below). E-mail submissions to 169FW.PA.SCANGNews@ang.af.mil.

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Deadline for the February issue is January 8

We members of the United States Military are held to a higher standard. Each branch of service has a set of core values that binds our entire United States Military together. These core values guide military members' decision making. Living by our values empowers us to meet the higher standards our nation expects and demands of us.

Air Force Core Values: Integrity First, Service Before Self, Excellence in All We Do

Army Core Values: Loyalty, Duty, Respect, Selfless-Service, Honor, Integrity, Personal Courage

Coast Guard Core Values: Honor, Respect, Devotion to Duty

Marine Corp/Navy Core Values: Honor, Courage, Commitment

If you read the definition of each of these sets of core values you will find one of the strongest common threads is integrity. If a military member does not live by the core value of integrity they will not and cannot be trusted.

I believe that the Army and Air National Guard are the face of our nation's military in our communities. Our communities and our nation hold us to high esteem and to a higher standard. Here is what I feel our core values (Air Force) should stand for in all military lives:

INTEGRITY FIRST

Being truthful and honest with ourselves at all times is critical, whether or not our actions are being observed. Many of us were taught that we are always being watched by a higher power. We need to let our consciences guide our decision making.

Military members who lack integrity often make the headlines. Their actions do not meet the higher standard we are held to by our nation or our military profession. It is our responsibility as leaders to ensure that we and the Airmen that work for us meet and exceed the high standards expected of us.

SERVICE BEFORE SELF

Concentrate on what you put into a task rather than what you get out of it. Each Airman must put the mission ahead of his personal goals or agenda. If we have to work a little longer or harder, we must simply remember that what we do and how we do it affects mission accomplishment. Service before self also means treating others with respect and dignity.

EXCELLENCE IN ALL WE DO

We must always do our best! If we practice doing things right the first time, we can expect our performance to reflect this statement. Our peers will recognize it, our supervisors will also, and of course, we will



always have the satisfaction of knowing we did our best.

In closing, the Air Force Core Values guide us in all our decisions. They anchor and bind all Airmen together every day. It is important to remember that any compromise diminishes the character of our service.

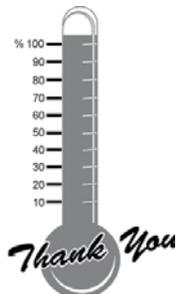
Last but not least, it is an honor and a privilege to serve you as the 11th State Command Chief for the best ANG FW/GSU in the Air Force, Air National Guard and Reserve. I look forward to representing you at the state and national level. I am available 24/7, and my cell is 803-360-1918. Have a great new year!

Recruiting & Retention

Military Personnel Summary

Strength		Recruiting/Retention		
Officers:		Gains:	<u>MONTH</u>	<u>YTD</u>
Authorized	137	Prior	2	6
Assigned	133	Non-Prior	2	16
Percent Manned	97.1%	Total	4	22
Enlisted:		Losses:		
Authorized	1191	ETS	1	5
Assigned	1207	Discharge	3	16
Percent Manned	101.3%	Medical	0	0
Total:		Resignation	1	2
Authorized	1328	Retirement	1	6
Assigned	1340	Transfer	1	7
Percent Manned	100.9%	Other	0	1
(as of December 16, 2011)		Total	7	37
		Net Gain/Loss	-3	-15

Recruiting Progress We're at 100.9 percent!



We must maintain 100% strength through 2012!
Recruit & Retain!

There are many positions open for immediate recruiting...

Munitions, Weapons, Crew Chiefs, Life Support, CE, Security Forces and more



“Go Green” SCANG News

To save printing and mailing costs, SCANG News readers are asked to consider removing themselves from the “hard copy” mailing list. Electronic copies are posted to www.169fw.af.mil each month. To help save money, e-mail 169fw.pa.scangnews@ang.af.mil.

Swamp Fox 56 Council

E-5s and E-6s are encouraged to actively participate in the Swamp Fox 56 Council. The next meeting is Jan. 8, 1:30 p.m. in the vehicle maintenance classroom.

ESOH CAMP reminder

The Wing Safety Office is spreading the word about the ESOHCAMP inspection scheduled for November 2012. Supervisors and unit safety representatives should complete the ESOHCAMP General Awareness CBT on ADLS. Annual updates and reviews to AF Form 55s and JSTOs also need to be accomplished.

EPR/OPRs

Those applying for technician or statutory tour positions and those who need a copy of their current or past Enlisted/Officer Performance Reports can use the virtual Personnel Center-Guard and Reserve to request copies from the Total Force Service Center-Denver or use the Personnel Record Display Application to view and/or print a copy. Members also can view evaluation data online by accessing the virtual Military Personnel Flight. Access vPC-GR, vMPF and PRDA from the AF Portal, www.my.af.mil, (located under the Top Portal Links section.)

Financial Assistance

For general information about dealing with financial emergencies, getting out of debt, paying for child care, saving for the future and more, call 803-895-1332.

R3SP Toolbox

The South Carolina National Guard has published the “SCNG Leader’s R3SP Toolbox” brochure. Its purpose is to educate members about resources that help strengthen resiliency, family readiness and other personal concerns. Go to www.169fw.af.mil or, for AF Portal users, My Organization/169th FW (Products & Services).

Personal weapons policy

No personal weapons of any type, concealed or in plain view, are allowed on property of the SC Military and under the jurisdiction of the SC Adjutant General. Exceptions are members whose job requires them to carry weapons and who have written permission from the TAG.

Military One Source

Free personal services are available to service members and their families 24/7 at Military One Source. For online assistance related to military life and deployments, families and recreation, health and relationships, careers and education, financial and legal crises, go to <https://militaryonesource.com>.

VPC-GR basics

The vPC-GR Basics electronic learning tool is the first in a planned series of web-based interactive courses related to personnel processes. It shows how to establish accounts, use the dashboard and manage action requests/work. The eLT is available via the Advanced Distributed Learning Service website (<https://golearn.csd.disa.mil>). Go to “Course List,” then “Miscellaneous.”

HRE Training

HRE training will take place on the Saturday of January’s UTA in the HQ Auditorium from 0900-1030 hrs. All personnel requiring this training should attend.

Gate hours

Main Gate

Daily: 0430-2400

(Hours extended for night flying.)

Morrell Gate

Duty Days: 0620-0815 & 1645-1745

UTA Saturday: 0600-0815 & 1600-1700

UTA Sunday: 0600-0815 & 1530-1630

Church Gate

UTAs: 0600-0815

Rack Up!

Though SCANG Airmen excel in everything from their daily tasks to the classroom to international competitions, their achievements often are not reflected on their ribbon racks! Award writing should no longer strike fear in the hearts of McEntire supervisors! The process has been streamlined via VPC-GR. A few strong

bullets, an AF Portal login and the following handy guide are all you need: [X:/Baseshare/Awards](#).

Updating Personal Info

Air Guard members with a recent change in status such as promotion, reenlistment, marriage, divorce, moved into a new home/apartment, have an addition or reduction to their household can review personnel military records and submit the required supporting documentation to correct or update personnel data. Use the virtual Military Personnel Flight or contact your servicing Commander’s Support Staff or Military Personnel Section. Access this system from the AF Portal: www.my.af.mil, under the Top Portal Links section.

Web HA Mandatory for PHAs

Effective 1 January 2012, it will be mandatory for all members to complete your Web Health Assessment on-line. We will no longer be offering the standard paper copy questionnaire. You are due on your birth month and may complete the Web HA up to 2 months prior to, but no later than one week prior to that UTA. Any questions, please contact SMSgt. Cox, Health Systems Specialist, 169th Medical Group, 647-8296.

No trespassing

The Base Firing Range, Bldg. 3320, is for official use only and closed to the public and non-authorized personnel. For more information, see TSgt. Paul Wallace, 169th SFS, NCOIC, Combat Arms, 647-8703.

Valentine’s Marriage Retreat

The Chaplain’s Office will hold a Strong Bonds Marriage Retreat aboard the Spirit of Lake Murray cruise boat Feb. 10-12 with overnight lodging near the lake. Register by Feb. 5 by contacting Terry DeLille via e-mail at Carolyn.DeLille@ang.af.mil or calling (803) 647-8089. Traditional members should provide a personal e-mail address and phone number.

Ideas Wanted

Have an idea to improve McEntire? Send it to the Community Action Information Board. This board meets quarterly to improve the quality of life for Airmen on McEntire. Submit suggestions to 169FW. CAIB@ang.af.mil.

Campaign honors America's fallen veterans

At the South Carolina State House Dec. 5, local veterans, community leaders and military personnel joined to lay a wreath at the Veterans Memorial in Columbia. The event marks the beginning of the Wreaths Across America campaign, where volunteers lay wreaths in remembrance of all soldiers, sailors, airmen and marines who served, to honor their sacrifice and teach younger generations of the high cost of freedom.

MG Robert E. Livingston Jr., the Adjutant General for South Carolina, joined Brig. Gen. Scott Williams, commander, 169th Fighter Wing at McEntire Joint National Guard Base, at the ceremony to place the wreath.

"During this season, it is fitting we remember all veterans who gave of themselves for the high cause of our nation," said Livingston. "It is significant we lay a wreath in memory of all who paid the ultimate price."

(Story by MAJ Cindi King, JFHQ/PA)



(Photo by SSgt. Jorge Intriago, JFHQ/PA)

Brig. Gen. Scott Williams, commander of the 169th Fighter Wing, and Maj. Gen. Robert E. Livingston, Jr., South Carolina's Adjutant General, lay a wreath at the State House Veteran's Memorial Dec. 5.

McEntire Launches Key Volunteer Program

McEntire's Family Readiness Group is getting a fresh start. In keeping with recent changes at the Air Force level, the group now will be known as the Key Volunteer Program, and the base's Airmen and Family Readiness Program Manager Terry DeLille has worked hard to make sure the revamped program meets the needs of our Swamp Fox family.

The KVP is a commanders' tool for promoting the well being of his or her service

members and their families. The purpose of our program, regardless of its name, remains the same ... to take care of our military families.

Hopefully, you and your family enjoyed McEntire's recent Fall Festival, which was orchestrated by the new KVP program. What a talented group!

Of course, there is room in the KVP for all who want to be involved. If you are interested in joining the group, contact Terry at

647- 8089. She and I are excited about the new program and the possibilities it brings to McEntire. Follow us on the SCANG's Facebook page for information about upcoming events.

Our first "official" meeting is Jan. 7, 12:30 p.m. in the canteen. Attendees who need child care must let Terry know by Jan 5. We hope to see you there.

(by Diana Williams, KVP Chairperson)

Operation Homefront Stocking Stuffer

McEntire's Key Volunteer Program members teamed up with Operation Homefront once again and, through extremely generous donations from Dollar Tree stores across the state, delivered several hundreds of toys for military service members. Over 125 McEntire personnel stopped by the 245th Air Traffic Control building on December 4th and benefited from the program's generosity, leaving with a bag full of toys to stuff their Christmas stockings with. Operation Homefront is a national non-profit organization that provides emergency financial and other assistance to families of military members and wounded warriors.

The KVP would like to thank all the volunteers that helped make the Operation Homefront stocking stuffer a success!



(Photo by TSgt. Caycee Cook, 169th FW/PA)

SCANG 'lends a hand' in Veterans Day project

The South Carolina Air National Guard assisted Home Works, a local non-profit organization, in repairing the home of a World War II veteran on Veterans Day 2011 in the Lower Richland community near the base.

Mr. Robert Fogle, a 91-year-old veteran, and his wife, Ann, 82, had been unable to keep up maintenance of their home due to age and illness. They welcomed the assistance of the SCANG and other volunteers who participated in the humanitarian project.

About 45 people gathered at the Fogles' home on a cold Veterans Day morning. More than half of them were members of the McEntire Air National Guard family, said Dr. Jeffrey Rose, Director of Psychological Health. "It was important to me because we're here today for what our veterans have done. I feel a moral obligation to help out, and was very proud to do this project."

The Fogles' were happy to receive the combined effort of so many. Mr. Fogle said, "My mother died when I was eight years old and I went to Epworth Children's Home when I was ten. The people at Columbia College used to bring gifts to the orphanage every year, but this is the nicest gift that

anybody could do for me."

His wife agreed. "When they told us to come out the front door, there were people as far as you could see. I told my husband, oh my God, look at all these people," she said.

"The group began work approximately 8:30 a.m., and didn't stop until dark," said Rose. The project included yard work, tree-trimming, painting, cleaning and clearing the garage of excessive storage.

Mr. Fogle, who was an Electrolux vacuum cleaner salesman for more than 55 years, had in excess of 40 old vacuums stored, of which his wife said looked more like a museum.

"Even my garage was so full that now when I open my kitchen door to it, there is an echo, which wasn't there before," said Mr. Fogle. "Around the house is also beautiful and the workmanship is terrific."

Mrs. Fogle said, "I had been praying for a long time. Lord, please help us get this house fixed. The Lord answered my prayer, because we were blessed to have these people come out here and donate their time."

"The project was so successful that Home Works now anticipates working on the homes of needy veterans two to three times

per year," said Rose. "So, if you know of any veterans that need assistance, just let me know."

Home Works began repairing the homes of the elderly and disadvantaged in 1996, specializing in repairs ranging from building wheelchair ramps, installing grab bars, repairing leaking roofs, painting, as well as plumbing and electrical work. These repairs allow the homeowner to remain in their home as they age, if they so desire. Most importantly, it conveys a feeling of hope.

Since their inception, more than 1,200 homes have been repaired by over 14,000 volunteers. More than 98 percent of every dollar received is spent on program expenses. As a result, Home Works has received the South Carolina Secretary of State's Angel Award.

"It's nice to know that there are that many people out there willing to help people that really need help. It's a blessing," said Mrs. Fogle. "Even my attic is so clean; there is no rat or varmint up there. It's all fixed now."

"My home is just wonderful, they did a great job!"

(Story by MSgt. Pelham Myers, Jr., 169th FW/PA)

Guard Members urged to prepare for Flu Season

Airmen need to take care of themselves to ensure they stay healthy this flu season, said Maj. Kirsten Holster, OIC of Immunizations with the 169th Medical Group.

Holster said it's important to stay healthy to avoid missing training, military schools or deployments. According to Holster, vaccinations play an important role in keeping Airmen fit for duty and ready to respond.

The flu vaccine is now available and all SCANG members are required to be vaccinated.

"It's a mandatory requirement, so take

advantage of it and get it early for the best protection," Holster said. While peak flu season is January and February, there are things Airmen can do to protect themselves from the seasonal flu virus, such as covering their nose and mouth when sneezing or coughing, frequent hand washing and limiting contact with the sick.

Airmen immunized by their civilian provider need to bring in documentation to the medical staff at McEntire.

(Story by TSgt. Stephen Hudson, 169th FW/PA)



(Photo by MSgt. Marvin Preston, 169th FW/PA)

The SCNG Employment Services Program helps job seekers

The South Carolina Employment Services program is a program in the South Carolina National Guard designed to help unemployed and under-employed guard members find gainful employment. The program employs nine employment counselors throughout the state.

The SCNG Employment Services Program provides employment/under-employment assistance, employment readiness train-

ing/occupational credentialing (Workforce Investment Act), unemployment insurance claims, filing/jobs registration, Veterans Transition Officers/SC Department of Employment and Workforce, assistance with resume writing, job searching and labor market information and on-site professional workshops.

During December drill, the Columbia One Stop representative, John Govan, was on

hand to help unemployed Airmen find jobs. He saw 29 Airmen and contacted others by phone or email. If you are unemployed, contact Jeff Rose at 803-647-8085 or jeffrey.rose.1@ang.af.mil; SMSgt. Kevin Thomas at 803-361-1228 or kevinthomas@truvista.net; or your local One Stop representative.

(Story by SMSgt. Kevin Thomas, 169th FW/HRA)

Ceremony from page 1

Each retiree joined the commander on stage to be individually recognized and presented with their awards, including the Meritorious Service Medal and the South Carolina Military Department's Guardsmen Retirement Medal. Additionally, each retiree's spouse in attendance was recognized with a certificate of appreciation for their unselfish support and devoted service.

The ceremony also was an occasion to celebrate the hard work of recent graduates of the Community College of the Air Force – 11 airmen were congratulated for receiving their associate degrees.

Patterson also took a moment to thank the assembled Airmen for their continued sacrifice.

"Each of us has chosen a profession that

makes a difference," Patterson said. "We live in the greatest country in the world and it depends on us for its well being."

The 2010 Employer of the Year, Chick-fil-A of West Columbia, also was recognized. Britt Sims, operator of Chick-fil-A, was on hand to be honored with a framed award. The company was nominated by SSgt. Rudy Skelton, chaplain's assistant, with the 169th Fighter Wing. In his nomination narrative, Skelton wrote: 'Chick-fil-A is a wonderful place of employment that has exceeded my expectations for their support for my military duties.'

Skelton was hired by Chick-fil-A two months before deploying to Andersen AFB, Guam, in support of Operation Enduring Freedom. Skelton deployed in January

2010 and, throughout the deployment, his employer stayed in contact with him, making sure he was doing okay. Before his deployment, Chick-fil-A ensured he had time off for drill weekends and gave him extra time to do annual training days to prepare for the deployment. While deployed, Skelton learned of a need at a local elementary school for books for their library. He asked store operator Britt Sims if her team would be willing to do a book drive to help out. His Chick-fil-A co-workers exceeded his expectations by collecting more than 600 books and mailed them.

(Story by TSgt. Stephen Hudson, 169th FW/PA)

Commentary: save bandwidth during UTA

When you think of shipping costs, you usually think about how much it is going cost you to ship your Christmas packages to Aunt Hazel – especially if you wait until the last minute. Similarly, there are "costs" associated with transporting data across our Local Area Network, as well as the Internet. You probably are asking why it matters what the costs are, since you're not paying for it, right? Well, every time you experience a slow network, are unable to reach a website or lose two hours of your day because your ADLS test quit responding, you are paying those transportation costs.

During November drill, the entire Air Guard circuit bandwidth was saturated due to the sheer number of users across the network (since most units held drill the same weekend). If you picture holiday traffic during rush hour in a big city, then you understand what happens to our network on drill weekends. There are two solutions to

solving our bottleneck – build more lanes or reduce the number of cars on the freeway.

Building more roads means increasing the bandwidth we have between McEntire and the outside world. Plans are underway to significantly increase our off-base bandwidth before the end of the year, but until this happens the best solution is be smarter with our current bandwidth.

Here are ten tips and techniques for saving bandwidth:

1. Limit attachments. This is our number one bandwidth killer. Place your attachments on the X: or Y: drive and send a link to them instead. One 5MB attachment sent to 1,400 users can clog our network for hours.

2. Format your emails in plain text rather than rich text or HTML. Avoid fancy fonts and color text when possible.

3. Put your addressees in the BCC: field rather than the To: field.

4. Do not encrypt messages unless neces-

sary; encryption adds network costs.

5. Use Office Communications Server to Instant Message rather than send emails.

6. When you use a distro list, make sure you pick the correct one.

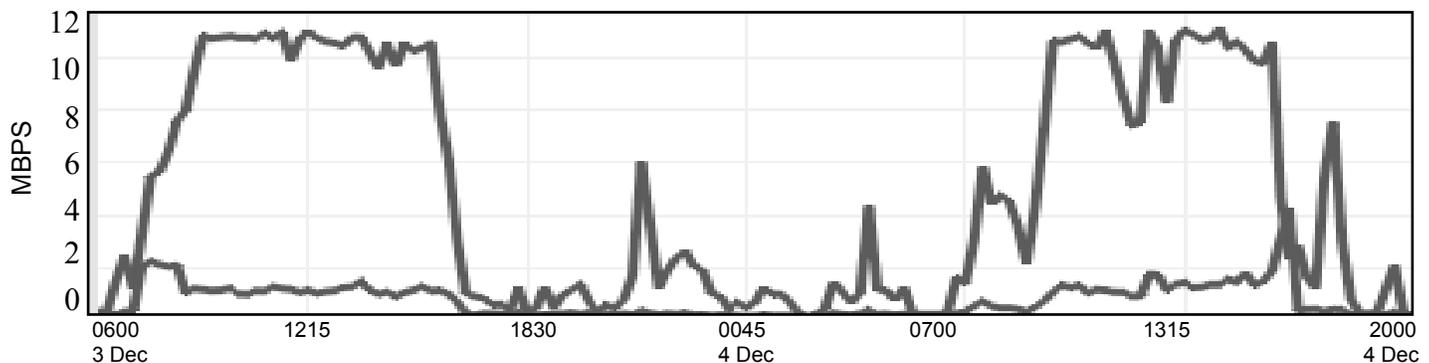
7. Do not use Reply To All unless everyone needs to see what you have to say.

8. Limit web surfing to official business.

9. If you are a traditional guardsman, try to check your email occasionally via Outlook Web Access and delete what you don't need between drills. This reduces the amount of data synchronization required when you log in every month.

10. Log-off your computer at the end of the day but leave it powered on. This allows software updates to happen overnight rather than in the morning when everyone is logging in to check email.

(Commentary by Lt. Col. Mark Hall, 169th CF/CC)



Behind the scenes - Fabrications Element

McEntire's jets don't leave the ground without a huge amount of behind-the-scenes preparations by the 169th Maintenance Squadron's Fabrication Element.

Each of the base's fabrications experts are schooled in at least one of three AFSCs: Nondestructive Inspection (commonly known as NDI), Aircraft Metals Technology (Metals) and Aircraft Structural Maintenance (Structures). The skills and hard work of these Airmen are evidenced, if not recognized, throughout the base.

Fabrication element superintendent, SMSgt. Charles Bowen says, "Each individual is vital to the success of the mission, and I'm proud of the work they have done and will continue to do in the future."

According to NDI lab technician TSgt. Lisa Hall, "NDI is a very important aspect of the Air Force's preventative maintenance concept." NDI has many inspection techniques, including magnetic particle, ultrasonic, radiography and joint oil analysis. Each was created and is utilized to determine whether jet parts are free of discontinuities and okay for work or, if not, deemed inoperable.

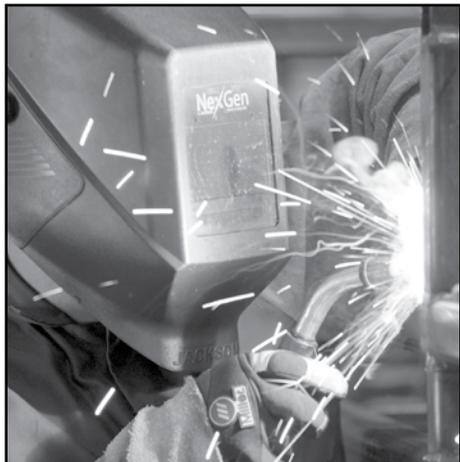
Hall said, "The Joint Oil Analysis Program is most important here at McEntire." Oil samples from every jet engine are tested every day for elevated wear metals that might cause catastrophic failure to the jet engine. "If a bearing is going bad, it can release microscopic particles that are detected in the JOAP analysis," continued Hall. At that point, NDI provides crew chiefs with a code that states whether a jet is able to fly or must be grounded for maintenance (until the engine produces an acceptable oil sample).

Metals' diverse capabilities range from making landing gear bushings to assisting with the F-16 static at the main gate. They

support all areas of the base, especially Civil Engineering, by fabricating runway barriers and arms that hold runway cables and welding and repairing ladders for maintenance. The metals technicians work with Aerospace Ground Equipment on a variety of repairs to the long-lasting Air Force equipment that keeps base operations moving along.

The Structures team always is ready to step in and trim sheet metal to fit aircraft skin that might be in need of repair due to damage from normal fatigue or foreign object damage. These Airmen are responsible for inspecting and repairing any aircraft corrosion. The specific techniques they use to paint aircraft parts help prevent corrosion (by applying primer and a topcoat), prolonging the service life of each jet.

MSgt. Chris Graham, NCOIC for the Metals shop, said, "All of us take pride in our work, and it shows. Even though you might not see the work we did on the outside, when the aircraft takes off, we know the job was done right!"



Left:
SSgt. Matthew Krofchick, Metals
Center:
MSgt. James Eubanks, Metals
A1C Christopher Rigley, NDI
Above, top to bottom:
SSgt. Jonathan Gauden, NDI
SSgt. Michael Mackowski, Structures
TSgt. Randy Watkins, Structures

(Story and photos by TSgt. Caycee Cook, 169th FW/PA)

Green Flag West exercise preps Swamp Foxes

What happened in Vegas won't be staying in Vegas. The South Carolina Air National Guard received some vital pre-deployment training last month during Green Flag West 12-03, when more than 200 Swamp Foxes went TDY to Nellis AFB in Nevada.

The Green Flag West exercise was designed to prepare the wing for its AEF deployment coming up later this year.

"This is our primary AEF spin up and deployment training for Afghanistan," said Maj. Chris "T-BAR" Allred, the project officer for the exercise. Green Flag West is a U.S. Air Force hosted exercise designed to provide realistic close-air support training for airmen and soldiers deploying in support of combat operations in Southwest Asia.

The last time McEntire deployed two years ago for Operation Iraqi Freedom, they participated in Green Flag East held at Barksdale AFB in Louisiana. This time, Green Flag West offered irregular warfare conditions and an unscripted battle exercise not available here at home station. According to Allred, the biggest advantage in this training was the mountainous environment offered at the National Training Center at Ft. Irwin, California, a quick 20 minute flight from Nellis. "We were able to receive high angle strafe training at night, something we can't do in South Carolina," said Allred.

During the two week exercise, 13 SCANG F-16 fighter jets along with maintainers, medical personnel, logistics readiness personnel, aviation resource management specialists and more than 30 pilots received invaluable training and used this opportunity as a "dress rehearsal" for their upcoming

AEF deployment. SCANG pilots trained with Joint terminal attack controllers from the Ohio Air National Guard during realistic scenarios involving air to ground missions. Receiving detailed integration training with ground forces was a primary goal during the exercise, according to Allred. "We take a building block approach (during Green Flag) which culminates in full spectrum operations," Allred said. Some of the close-air support missions the fighter wing may be called upon to support while in theatre include everything from show of force low altitude flyovers, armed overreach and reconnaissance of Army convoys and even air to ground weapons employment in support of allied forces. In addition to the pilot training, McEntire personnel also accomplished load training and avionics training, areas in which they were scored as proficient.

During the exercise, McEntire recorded

a number of key milestones including the first time a GBU-38 was married up with the BRU-57 on one of the SCANG's F-16s, Allred said. The GBU-38 is a joint directed attack munition or JDAM and the BRU-57 is a piece of suspension equipment or bomb rack for the JDAM. During the exercise, Allred said they were able to score 19 out of 20 JDAM hits, 20 out of 20 GBU-12 (laser guided bomb) hits and SCANG pilots fired more than 20,000 rounds of 20 millimeter ammunition during strafing runs.

Although the exercise was a total Swamp Fox team effort, Allred wanted to single out the maintenance NCOIC, Senior Master Sgt. James Revels, for special recognition for Green Flag West's success. "He's been planning it for the last four months and took care of the beddown of all our troops. He did a fantastic job."

(Story by Lt. Col. Jim St. Clair, HQ SCANG/PA)



(Photo by TSgt. Michael Stewart, 169th MXS/AGE)

Tips for your New Year's fitness Goals

1. Make sure your goals are maintainable.

Ex: You want to try and loose 1-2 lbs a week with the proper exercise and nutrition program. Trying to loose 25 lbs a month for most of us is unreasonable. If your goals are maintainable you are more likely to stick with your program.

2. Plan your meals out and bring your lunch to work.

3. Have a backup plan if you dont get to the gym as you had planned.

Ex: Use a workout video at home or while traveling.

4. If you aren't currently a breakfast eater, make sure you eat breakfast. Those that skip breakfast, thinking they will not eat as much as those who do eat breakfast, typically end up eating more in the long run.

5. Notice the size of your dinner plate. A standard dinner plate is 9 inches. Some today are as large as 12-15 inches making us think we need to fill our plate to have our stomachs full, and in the process we overeat. Considering using a salad plate to eat dinner from.

If you still have questions about nutrition or need a routine for the gym, please feel free to give me a call to schedule an appointment at 647-3510 or 8712.

(by Michelle Walker/Base Fitness Specialist)

Shooter from page 1

incident, and conduct follow-on responses in the immediate aftermath of the event.

"I was proud of Team Swamp Fox for the seriousness with which they approached today's exercise," said Brig. Gen. Scott Williams, 169th Fighter Wing commander. "But, even more so, I'm proud of the serious discussions and back briefs I've heard since. Exercises like this are an opportunity to refine our procedures, increase our response times and further safeguard the members of our base community. Every exercise makes us stronger."

(Story by Lt. Col. Les Carroll, 169th FW/PA)



We set a record attendance for the December Luncheon; we had around 110 folks, including many spouses. Thanks to all the "attendees". The Adjutant General, Robert Livingston and his lovely wife, Barbara, graced us with their presence and the General informed us of the many challenges the Guard has for the future. I appreciated him sharing the situations past, present and the future with us.

We had three known first timers, they were; Grady McIver, Security Forces, Philip Rowe, Pneudraulics, and Ron Galloway, Command Post. The NCO Club was prepared for about 85 folks, but then had to set up at least three more tables with our influx of retirees. It was a great Luncheon overall.

McEntire History: The more I listen to stories from different people, the more history we have. It is my sense that everyone has their own history, and just being part of certain section, shop, unit, flight, squadron, or wing is just a part of it all. As individuals we are the sum of the entire history of SCANG. This is what is so neat about our experiences.

I have been "beating the bushes" about finding our Missing Link folks (1987-1993), and this past month it has paid off. Therefore this month, we are honoring the "found" missing links, there are nine of them. They

are as follows: SMSgt. Furman D. Mattox, retiring in 1989. Our found 1990 retirees are SMSgt. James (Willie) Williams, MSgt. Leonard Garneau, Col. Harold E. Guerry, and MSgt. Adrian Ingram. We have three 1991 found retirees, and they are; MSgt. Billy G. Davis, MSgt. Robert Hux, Sr., and MSgt. Julius B. Robinson. And lastly, we have a found 1993 retiree, Charles (Steve) Clark retiring from the 240th as MSgt.

I appreciate them letting me know their retirement dates, however, we need more so if you are in this group, please let me know. Either my phone number or email address is in the December's SCANG News. I have extrapolated that we have somewhere around 75-100 retirees remaining unknown to us out there. At the moment of this writing I have identified 1088 of us retirees through the end of 2011. You may think I am "obsessing" over this, and you are probably right. We are raising our numbers due to both folks are retiring regularly from McEntire on a monthly basis, and we are finding more of our retirees from the Missing Link crew.

SCANG Aircraft: From the inception of McEntire, we flew the AT-6's from the years late 1946 to 1950. Then the P-51's came into our assets, and these planes were flown from March 1947 through October 1950. We also had some "incidental aircraft such

as the A-26 Invader, L-5 Sentinel, and the ever loving C-47 (support plane-Skytrain) that stayed around until the end of 1967. I will continue more about the planes each month for a while.

Our next Breakfast is February 7th. What happened to the January Breakfast you are asking? I was informed after our Luncheon that the NCO Club will be closed for most of January due to renovations. If you would, help pass the word about NO January Breakfast. We will be back on our Breakfast schedule beginning in February in which we routinely meet at the Fort Jackson NCO Club beginning at 0830.

We will hold a casual Memorial Service for the folks who made their "final flight" during the year 2011. So please come if you can. Oh by the way, our record attendance for a Breakfast is probably in the 75-80 range. I would like to see this broken. Someone once said records are made to be broken. Lastly, there was some discussion at our Luncheon about the hours of operation for the SC National Guard Museum, and they are: Closed on Monday, the days of Tuesday – Friday, the hours are from 1000-1700, and on Sunday from 1300 – 1700. I encourage you to tour the Guard Museum if you have never been. It is located behind the Bluff Road Armory.

SCANG Recruiters 1-800-432-2754 187-SWAMPFOX www.goang.com

Village at Sandhills

110-8 Forum Drive
Columbia, SC 29229
Phone: 803-462-0405 or x0455
1-87SWAMPFOX
169FW.RSO.Recruiters@ang.af.mil

SMSgt. Brad Gibson

Superintendent,
Recruiting & Retention
BB: (803) 315-7419
william.gibson@ang.af.mil

MSgt. Chris Sewell

Recruiting Office Supervisor
BB: (803) 206-2499
christopher.sewell@ang.af.mil

TSgt. Brian Bailes

Production Recruiter
BB: (803) 315-7482
john.bailes@ang.af.mil

TSgt. Steve David

Production Recruiter
BB: (803) 608-3098
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SSgt. James Rodriguez

Production Recruiter
BB: (803) 391-6348
james.rodriguez@ang.af.mil

McEntire JNGB

1325 South Carolina Road, Ste. 25
Eastover, SC 29044
1-800-432-2754

MSgt. Ceomara Timmons

Retention Office Manager
Palace Chase/Palace Front
and Guard Transfers
(803) 647-8211
ceomara.timmons@ang.af.mil

MOVIN' In MOVIN' Up, & MOVIN' On

Enlistments

A1C Christopher Stapleton, 169th MXS

Officer Promotions

1st Lieutenant

Marian Burgess, 169th LRS
Brandon Cromer, 169th OSF

Enlisted Promotions

Chief Master Sergeant

Mark Craps, 245th ATCS
Kellie Gibbs, 169th MDG
Robert Hartzog, 169th CF

Senior Master Sergeant

Marvin Bradford, 245th ATCS
Bruce Thompson, 169th CES

Master Sergeant

William Brown, 169th FSS

Technical Sergeant

Blake Baxendell, 245th ATCS
Kary Bearden, 157th FS
Donald Elgin II, 169th MXS
Daniel Jennings Jr., 169th CES
Tiffany Mellott, 245th ATCS
Benita Quash, 157th FS
Robert Seter, 169th MXS
Brian Wamsley, 169th MXS

Senior Airman

Brandon Faust, 245th ATCS
Scott Hash, 169th AMXS
Christopher Vine, 245th ATCS
Daniel Whitehouse, 169th AMXS
Charles Yetton III, 169th AMXS

MOVIN' In MOVIN' Up, & MOVIN' On

Retirements

TSgt. Brandon McKimney
20 years - 169th LRS

TSgt. James Hutto III
21 years - 169th AMXS

Job Openings

The 169th Fighter Wing will hire a new Public Affairs officer in the New Year. This position is open to SCANG commissioned officers or enlisted members eligible for commissioning. Public relations and/or journalism experience is preferred. If interested, submit a package consisting of a letter of intent, resume and RIP to 169th FW Executive Officer Maj. Jim Roth before February drill.

The 169th Maintenance Group has an opening for an Executive Officer. This position is a commissioning opportunity. If interested, submit a package consisting of a letter of intent, resume and RIP to MSgt. Christopher Sewell. Contact him at christopher.sewell@ang.af.mil. The closeout date is Feb. 10.

The 169th LRS has an opening for a Logistics Readiness Officer. This is a commissioning opportunity. If interested in applying, please submit a package consisting of a letter of intent, resume, and a RIP to MSgt. Christopher Sewell. Contact him at christopher.sewell@ang.af.mil. The closeout date is Feb. 21.

The 169th LRS has a First Sergeant position open. Candidates must be the rank of MSgt. or TSgt. promotable to MSgt. If interested, please submit a package consisting of a letter of intent, resume and a RIP to the 169th FW Command Chief, CMSgt. Robert Davis. Contact Davis at robert.davis@us.af.mil or 803-647-8500. The closeout date is Jan. 8.

Base Training

TESTING SCHEDULE

Tuesdays, 1 p.m.

Drill Sundays, 12:30 p.m.

Report for testing no later than 15 minutes before the test. Members testing on CDCs required for upgrade training must bring their AFIADL 9 course card with the following items documented:

Date review training began
Date due completion
Date review training ended
Supervisor's signature
Trainee's signature

Members without the card and required information are not allowed to test. For more information, contact a unit training manager.

Airman Leadership School
(class start dates -- five-week duration)
(56 seats for ANG members)

2012

Noncommissioned Officers Academy
(class start dates -- six-week duration)
(75 seats for ANG members)

PME Schedule

MCGHEE TYSON ALS

16 JAN 12 - 16 FEB 12
12 MAR 12 - 12 APR 12
7 MAY 12 - 7 JUN 12

MCGHEE TYSON NCOA

10 JAN 12 - 16 FEB 12
6 MAR 12 - 12 APR 12
1 MAY 12 - 7 JUN 12
23 JUL 12 - 29 AUG 12
17 SEP 12 - 24 OCT 12

2012 Satellite NCOA

Homestation: 12 Mar - 8 Jun
(McEntire JNGB, 2 nights per week)
Residence: 11 Jun - 27 Jun
(McGhee Tyson, TN)

Contact your UTM to submit a formal school application to MSgt. Goodwin. The deadline to have the 1st person registered is 12 Jan and the additional 7 must be registered NLT 27 Jan. No more than 2 SSGts per class.

What's for Lunch?

Saturday

Chicken with Gravy, Swiss Steaks with Brown Gravy, Green Beans, Baked Sweet Potatoes, Steamed Corn, Steamed Rice

Sunday

Roast Pork, Jerk Chicken, Rice/Gravy, Squash, Boston Baked Beans, Broccoli

Snack Line

SAT: Hot Dogs and French Fries
SUN: Hamburgers and French Fries

** All with Soup / Salad Bar / Desserts / Beverages*

The Dining Facility is open 11 a.m. to 1 p.m.
Everyone using the facility must present a valid ID card.

REFLECTIONS

"But seek first the kingdom of God and his righteousness, and all these things will be added to you." -- Matthew 6:33

Have you determined the most important priorities for the New Year? Start with an eternal perspective. That means living today as if you'll be living in heaven tomorrow. It's about making choices that will have a greater impact on your eternal life than on your present life. When you develop this eternal perspective, you will realize that what you really need is what God has already supplied you with. Make serving God your top priority this year, thus fulfilling the purpose for which you were created. Make God's Kingdom your primary concern, and what you will find will be more joyous than words can describe. May God alone be your life-long treasure. How could God meet your needs more abundantly if you changed your priorities?

(by Chaplain (Capt.) Shane Moore)



Worship Schedule Saturday

Maintenance (hangar) & SFS after roll call

Sunday

0815 - 0845 - Traditional Worship (Wing HQ Auditorium)
1100 - 1130 - Contemporary Worship (Wing HQ Auditorium)
1330 - 1400 - Catholic Mass (Eagle Vision Conference Room)

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McEntire Joint National Guard Base
1325 South Carolina Road
Eastover, SC 29044-5010

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TO THE FAMILY OF:

Top Achievers

Commander's Award

A1C Jeremy Hargis, 169th MXS
Fighter Aircraft Maintenance Apprentice

Outstanding Academic Achievement
(90 % or Higher)

SSgt. Mickey Jackson, 169th CES
Apparatus Driver/Operator

TSgt. Joseph Hostler, 169th CES
Fire Officer II

Blood Drive

The Swamp Foxes donated 144 pints of blood during the Dec. 4 blood drive, exceeding the 135 pint goal and set a new record! The Student Flight brought in the most donors, followed by the 169th MDG. Also, Lt. Col. Chris Gamble won the \$100 door prize. Thanks to everyone who came out to give the gift of life!